BOOK REVIEW

Catatonia on the Consultation Liaison Service and Other Clinical Settings

Editors: Brendan T. Carroll, M.D. and David R. Spiegel, M.D. (Ohio University Heritage College of Osteopathic Medicine, Athens, Ohio, USA)

Dr. Carrol, Dr. Spiegel, and their team have done a stupendous job coming up with this clinical handbook of Catatonia which is user friendly and applicable to multiple clinical settings varying from the consultation liaison service to the Electroconvulsive Therapy (ECT). I have personally used it at least three times in as many weeks while providing ECT to patients with a history of Catatonic symptoms.

As we all know catatonia may be a forgotten entity but when we are confronted with a patient, such a book provides a quick and useful reference. This book provides us with a dimensions of catatonia beyond schizophrenia such as medical issues as well as the co-occurrence of Catatonia and Autism Spectrum Disorders (ASD). The lorazepam challenge test for Catatonia and screening items for the disorder are concepts that the clinician can directly put in practice. The book is in sync with DSM-V. Additionally, though historical aspects have been given due credit. The clinical case vignettes are especially useful and clinicians can learn and relate to the cases and this is an excellent way to illustrate the various clinical nuances of this Catatonia. This book also provides new ways to conceptualize Catatonia. The handbook has complete up to date information to help guide treatment planning.

This book is highly recommended to psychiatry residents, attending psychiatrists, allied providers, especially those on the Consultation Liaison service. The authors are to be congratulated for using their knowledge and clinical experience in putting together this high quality handbook.

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